

# BELONGING

## *Beyond Borders*

**How Adult Third Culture Kids Can  
Cultivate a Sense of Belonging**

**book available on Amazon**



# Megan C. Norton

INTERCULTURAL TRAINER & THIRD CULTURE KID CONSULTANT

Third Culture Kids (TCKs) have typically spent a significant part of their upbringing crossing cultures. Their experiences can make it challenging to find, form, and sustain a sense of belonging to place and to people. *Belonging Beyond Borders* supports the journey of Adult Third Culture Kids in unpacking what it means to belong in their multiple communities: personal, professional, familial, cultural, spiritual.

Questions and self-reflection exercises invite you to get curious about how to belong, where to belong, and why to belong. Using analogies from the garden, Megan creates imagery for you to explore patterns in belonging and opportunities for belonging. As an Adult TCK, Megan shares in a deeply spiritual and cultural way how she has navigated and grown in belonging to people and to place. In a polarized world, this book offers love and encouragement about how to see and bridge differences.



Megan Christine Norton is an Adult TCK who calls 10 countries her “heart homes.” As a Third Culture Kid consultant, intercultural trainer, podcast host of *A Culture Story*, co-founder of a non-profit for diplomat TCKs, and writer at [adultthirdculturekid.com](http://adultthirdculturekid.com), she equips and empowers globally mobile youth to recognize their cultural competencies and apply them in various contexts. She currently lives in the United States.

# Belonging Beyond Borders Book Endorsements



“Megan Norton writes with endless love and concern for TCKs, and with a huge amount of courage and vision for their personal development challenges and needs. Her compassion combines with care that offers practical insights into living into the selves and the stories that we want, inviting the kind of authorship and ownership that so many of us need.”

- Rachel Cason, PhD Sociology, international TCK therapist, founder of Life Story Therapies



“I absolutely loved the book and felt like it was so applicable going into college. I wrote several things down while I was reading the book and felt like I learned a lot about myself from the activities. One of my favorite activities was the one with identity from chapter 1. Going into college I felt like this book was so applicable with how I thought about myself and others. It definitely made me think and reflect on being a TCK and how that influences how I act and view the world.”

- Morgan Byerley, University of Alabama student

“This book will help you explore, plant, and cultivate your own place of belonging in a world that more often asks you to fit in instead of inviting you to belong. Whether you are an adult third culture kid who has lived many years or a high school student who has just discovered the concept of being a third culture kid, you will find in this book words that resonate and draw you into a greater understanding of true belonging.”

- Marilyn Gardner, author of *Worlds Apart: A Third Culture Kid's Journey and Between Worlds: Essays on Culture and Belonging*



“In the loveliest way, Megan Norton is inviting all to find a new way of discovering and naming our identity. Her model doesn't wait for the others to name us, but through the beautiful language and metaphors she uses, we are challenged first to consider how we have been naming ourselves or allowing others to name us. Through reflective and meditative pieces, we are then invited to places of self-discovery and helpful reflection.”

- Dr. Ruth Van Reken, co-author of *Third Culture Kids: Growing Up Among Worlds*



"Megan utilizes her own upbringing growing up and living in 10 countries combined with her expertise as an intercultural trainer, experience with international education and passion in hearing the story of global citizens to put herself in other's shoes, which makes her the perfect empathetic listening ear and consultant to those going through the mental struggle of this complex life and community."

- Calvin Karuniawan Widjaja

"Third Culture Kid - a term that applies to many but is still virtually unknown in our global world. Megan Norton is out to change that. Raised overseas herself she has a vision for working with globally mobile families - supporting children and teens as they navigate their multi-border life, working with parents to help them navigate the nuance of raising cross-cultural kids. A phenomenal communicator - she is the perfect fit for speaking at your next conference, event, or to help with intercultural training and facilitation. Her dedication, determination, and passion is world changing."

- Amanda Workman

"Megan has a deep and nuanced understanding of the cross-cultural and mobile community and puts that understanding to work creatively and with attention to detail."

- Michael Pollock



## Successful Collaboration



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